

# What's involved in becoming a recipient of donor sperm



Download the Addam Donor Bank App or visit [addamdonorbank.com.au](http://addamdonorbank.com.au)

Confirmation via phone call from our patient service team, to book an appointment for an initial consultation.

## Complete E-Learning and registration

Once a treatment plan is created by your fertility specialist, we will email a copy of our e-Book and a registration form which you will need to complete and return to your clinic.

## Pathology collection

Your fertility specialist will provide you with a pathology request form to complete a set of routine blood tests.

## Commence treatment

Once the above steps and all of your documents are completed and returned, you can now commence treatment.

**Please note:** Some of the above processes may have already been completed if you are an existing patient with City Fertility or Rainbow Fertility.



## Search and request

Apply filters to search and view donor profiles. Once you are ready, sign up and request your three preferred donors. Registration must be made in the patient's name who is receiving treatment.

## Medical consultation with a City Fertility or Rainbow Fertility specialist

All donor sperm recipients and their partners (if applicable) will need to attend a consultation with a fertility specialist where your fertility and medical history will be taken and a treatment plan created. There are two treatment types\* when using donor sperm :

**Intrauterine Insemination - IUI/DI or In Vitro Fertilization - IVF**

*\*Your fertility specialist will discuss the best treatment options for you*

## Reserve your donor

You will have the option to request either one or two vials of your chosen donor sperm. Donor sperm can be reserved for six months. Please ensure these donors suit your cycle type i.e (DI/IVF).

**Please note:** You will need to make a reservation by Day 1 of your period, otherwise you will be required to wait until your next cycle.

## Counselling sessions

It is a requirement in Australia for all recipients of donor sperm to complete counselling sessions with an ANZICA accredited counsellor. The 2 counselling sessions provide an opportunity to receive further information and have any questions answered when using donor sperm.

## Got questions?

Our team will be with you every step of the way to provide you with further information. Simply get in touch by calling 1300 0 ADDAM (23 326) or emailing us at [contact@addamdonorbank.com.au](mailto:contact@addamdonorbank.com.au)